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(Original Signature of Member)

114TH CONGRESS
2^D SESSION

H. RES.

Expressing support for the designation of May 2016 as “Mental Health Month”.

IN THE HOUSE OF REPRESENTATIVES

Mr. MURPHY of Pennsylvania submitted the following resolution; which was referred to the Committee on _____

RESOLUTION

Expressing support for the designation of May 2016 as
“Mental Health Month”.

Whereas the mental health and well-being of people in the United States is a vital issue that affects not only quality of life, but also the health of communities, families, and economic stability;

Whereas the stigma associated with mental health continues to persist;

Whereas individuals with mental illness and behavioral health disorders can and do recover utilizing treatment regimens, including psychosocial therapies, peer support, and clinical help, as well as other behavioral, psychiatric, psy-

chological, faith-based and pastoral care, and medical services;

Whereas parents, families, and caregivers are allies in recovery and serve as critical members of the care delivery team;

Whereas advances in brain and behavioral research show significant promise for continued improvements in effective treatments of mental illness;

Whereas 43,800,000 adults in the United States experience mental illness;

Whereas approximately 1 in 5 children and adolescents has a diagnosable mental disorder;

Whereas 9,800,000 adults in the United States experience conditions such as schizophrenia, bipolar disorder, and major depression;

Whereas nearly 40 percent of adults in the United States with a diagnosis of serious mental illness do not receive treatment in any given year;

Whereas post-traumatic stress disorder (PTSD) impacts 11 to 20 percent of service members and veterans of operation Iraqi Freedom (OIF) and Enduring Freedom (OEF);

Whereas every day an estimated 22 veterans die by suicide;

Whereas roughly 20 to 50 percent of all prison and jail inmates are diagnosed with a mental illness and United States prisons are home to 10 times more people with mental illness than psychiatric hospitals;

Whereas mental illness is the leading cause of disability in the Nation;

Whereas untreated mental illness is a leading cause of absenteeism and lost productivity in the workplace and costs the United States economy over \$193,000,000,000 per year in lost earnings;

Whereas there are approximately 42,770 suicides each year;

Whereas suicide is the second leading cause of death among individuals between the ages of 15 and 34;

Whereas 90 percent of people who die by suicide have a mental health condition;

Whereas Native Americans currently are twice as likely to commit suicide as other gender or racial subgroups;

Whereas studies report that people with serious mental illness die, on average, 25 years earlier than the general population;

Whereas those with mental illness are 3 to 4 times more likely to be the victims of crime and abuse;

Whereas lack of awareness of one's mental illness, known as anosognosia, affects approximately 50 percent of individuals with schizophrenia and 40 percent of individuals with bipolar disorder making it more challenging to receive care;

Whereas the delay between a first episode of psychosis and onset of treatment is an average of 80 weeks;

Whereas recovery-oriented interventions such as supported employment, supported housing, and supported education have been shown to improve outcomes;

Whereas the faith community provides a vital link in ministering and serving individuals and families in need of mental health services;

Whereas individuals engaged in peer recovery support services utilize crisis and emergency services less; and

Whereas it would be appropriate to observe May 2016 as “Mental Health Month”: Now, therefore, be it

1 *Resolved*, That the House of Representatives—

2 (1) supports the designation of “Mental Health
3 Month” to remove the stigma associated with mental
4 illness and place emphasis on scientific findings re-
5 garding mental health recovery;

6 (2) recognizes mental well-being is equally as
7 important as physical well-being for citizens, commu-
8 nities, businesses, and the economy in the United
9 States;

10 (3) applauds the coalescing of national, commu-
11 nity, medical, and faith-based organizations in work-
12 ing to promote public awareness of mental health
13 and providing critical information and support to the
14 people and families affected by mental illness; and

15 (4) encourages all to draw on “Mental Health
16 Month” as an opportunity to promote mental well-
17 being and awareness, ensure access to appropriate
18 services, and support overall quality of life for those
19 living with mental illness.